Handwriting Fluency
Gina Freeman and Elizabeth Haughton

Handwriting is the most prevalent output in schools today. Correct pencil holding, student posture, slant and spacing of cursive writing are essential and often instrumental and significant factors in the attitude of teachers in grading. Handwriting fluency is important for rapid information retrieval, concise note-making and note-taking.

Some of the tool skills necessary for fluent handwriting are:

Think/write marks:
- 300+/minute
- 200-150/minute
- 150-120/minute
- 100-75/minute
- 75-50/minute

Sequential letter formation (lower case):

a) Think/write \( \text{a,b,c,d,e} \) - up loop letters (150-120/minute)
b) Think/write \( \text{u,t,r,s,w} \) - up straight letters (150-120/minute)
c) Think/write \( \text{a,e,i,o,u} \) - on line back letters (150-120/minute)
d) Think/write \( \text{b,y,f,g} \) - below the line loop letters (150-120/minute)
e) Think/write \( \text{m,n,k,p,q} \) - hump letters (150-120/minute)

Follow with correct upper case: Think/write: 80-60/minute

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A B C D E F G H I J K L M
R O P Q R S T U V W X Y Z
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Think/write connected alphabet: 150+/minute

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abcdefghijklmnopqrstuvwxyz
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See/copy words from books and blackboard: 150+/minute

See/think/write 10 word sentences: 150+/minute

Gina Freeman and Elizabeth Haughton are affiliated with the Haughton Learning Center. For further information, contact Elizabeth Haughton, 3166 Jefferson Street, Napa, CA 94558 (707) 724-8863.